



Veterans Time Trials Association
London & Home Counties Group
(Preference to VTTA members)



RESULT

10 Mile Open Time Trial

Date: Sunday 8 May 2022

Course: F11/10

For and on behalf of Cycling Time Trials under their Rules & Regulations

Veterans Time Trials Association

London & Home Counties

10 Mile Open Time Trial Sunday 8 May 2022

Top 3 Male Riders on Standard/Vets' Handicap Result

Men Rank	#	Rider	Club	Group	Actual Time	Vets' Handicap	Vets Handicap Time
1	84	Mark Vowells (Trike)	San Fairy Ann CC	KENT	23:20	5:14	18:06
2	90	Nick Dwyer	DRAG2ZERO	S/S	19:44	1:31	18:13
3	21	Peter Younghusband	Petersfield Tri Club	WSX	19:59	1:24	18:35

These riders receive VTTA Gold-Silver-Bronze Medals

1st Man receives an invitation to the LH&C Annual Luncheon and Prize Presentation

Fastest Man

#	Rider	Club	Group	Actual Time
40	Alastair Luxford	Full Gas Racing Team	#N/A	18:59
10	Joel Stewart	Team Ohten Aveas	L&HC	19:22

As Alastair Luxford is not a VTTA member the VTTA Gold Medal - Fastest Man on Actual Time, goes to Joel Stewart. Nonetheless Alastair will be consoled by a new personal best.

Top 3 Female Riders on Standard/Vets' Handicap Result

Women Rank	#	Rider	Club	Group	Actual Time	Vets' Handicap	Vets' Handicap Time
1	106	Lisa Davis	DRAG2ZERO	S/S	21:55	3:01	18:54
2=	102	Danuta Tinn	Maidenhead & District CC	L&HC	22:59	4:02	18:57
2=	107	Joy Payne	High Wycombe CC	L&HC	24:06	5:09	18:57

These riders receive VTTA Gold-Silver-Bronze Medals

1st Woman receives an invitation to the LH&C Annual Luncheon and Prize Presentation

Danuta Tinn and Joy Payne share the Don Byham Trophy which is awarded to the second best on standard (yes the second best not the best) in the London & Home Counties Group.

Fastest Women

Women Rank	#	Rider	Club	Group	Actual Time
1	106	Lisa Davis	DRAG2ZERO	S/S	21:55

Lisa Davis receives a VTTA Gold Medal as Fastest Woman on Actual Time

Club Team Rankings on Standard/Vets' Handicap Result

Club Team Rank	#	Rider	Club	Std	+/-	Actual	V.H	Vets' Handicap Time.
1	90	Nick Dwyer	DRAG2ZERO	27:37	7:53	19:44	1:31	18:13
	106	Lisa Davis	DRAG2ZERO	29:07	7:12	21:55	3:01	18:54
	35	Brett Davis	DRAG2ZERO	26:46	6:39	20:07	0:40	19:27
					21:44	1:01:46		56:34

VTTA Golds-Medals (each) for Club Team of three BOS/VHT

Fastest Club Team on VHT was Drag2Zero and they were also the fastest on Aggregate Actual Time

Group Rankings on Standard/Vets' Handicap Result

Group Rank	#	Rider	Group	Actual Time	Vets' Handicap	Vets' Handicap Time
1	90	Nick Dwyer	S/S	19:44	1:31	18:13
	25	Colin McDermott	S/S	19:59	1:06	18:53
	106	Lisa Davis	S/S	21:55	3:01	18:54
				1:01:38		56:00

Tandem on Vets Standard Times

Tandem results still work best on Standard Plus/Minus Times, for the time being, because of the multiplier.

Tan Rank	#	Rider	Club	Group	Std Time	Std +/-	Actual Time
1	116	Andrew Hutchison	Lowestoft Wheelers CC	EA	27:46	5:54	21:52
		Catherine Hutchison	Lowestoft Wheelers CC	EA			
2	112	Richard May	Islington Cycling Club	L&HC	26:11	4:20	21:51
		David Shannon	Islington Cycling Club	L&HC			
3	114	Christopher York	Maldon & District CC	#N/A	27:10	3:19	23:51
		Joanne York	Maldon & District CC	#N/A			

Andrew & Catherine Hutchinson will receive VTTA Gold Medals as Tandem BOS. Richard May & David Shannon (Islington CC) will receive VTTA Gold Medals as Fastest Tandem on Actual Time

Organisers Report

Surprisingly the event did not have its maximum field size of 150, but almost 120 entries. This reduction appears to be consistent with other CTT events this year, most probably a post Covid impact in a variety of ways. The last time I was organiser for this early May event there was a full field of 150 plus 15 reserves and when I ran a VTTA national championship and supporting event (combined), the total field was about 220.

As usual the F11 had its wide variety of incidents. Sixteen riders (or @18%) of those who rode set a lifetime personal best ranging from 3 seconds to 2m35sec. Ignoring this outlier the average improvement was 19 seconds (range 3s-44s). Of those who were slower the range of 'slowness' was 4s to 2m30s, with an average of 46 seconds – no doubt riders have their excuses to hand. Even the fastest rider managed to improve and achieve a long '18' for the first time. Four riders wasted their rides of going faster or slower by not completing the course correctly, despite the emphasis in the start sheet and emails to the riders. As Benjamin Franklin said, well before the invention of the bicycle: "If you **fail to plan**, you are **planning to fail!**"

Many of you may have heard at the headquarters that one rider was hit by a vehicle, but he was able to complete his ride. The incident has been reported to the police and an accident report will be submitted to the CTT. Obviously I can't say anymore because of the on-going Police investigation, although it is interesting that he was riding with a combined rear light and camera.

The headquarters was a new one for a time trial as four other usual alternatives were unavailable. Since I first checked it out 2 years ago the Tring Sports Centre has been rebuilt and the inflatable dome demolished – that was the rough ground outside the hall entrance. I was pleased with the atmosphere at the HQ, with the return to more traditional times. Personally I found this convenient as it was very close to the course at the Tring roundabout, making it easier for me to pop out and about and check on the progress of the event.

Mark Vowells won the event on Vets' Handicap Result for the second time, riding a Trike. He was just 2 seconds off the VTTA National Trike age record. Nick Dwyer was second for DRAG2ZERO and Peter Younghusband (Petersfield Tri) fittingly third.

The women's category was very close with only 3 seconds on VHT separating the top 3. Lisa Davis was the winner for DRAG2ZERO. Unsurprisingly D2Z took with Club Team award with Brett keeping it in the family.

The closeness in the women's category is demonstrated by the fact that the next 2 women were equal on VHT. This has the interesting quirk that Joy Paynes and Danuta Tinn share the London & Home Counties Don Byham Trophy, for the second best LHC rider on Standard Plus/Minus. They will be fighting over who gets the cup and who gets the base at the LH&C Annual Luncheon and Prize Presentation. The 3 tandems seem to have a jolly time and Richard May and Davis Shannon (Islington CC and EA) were very pleased to be fastest, but only by 1 second. Andrew & Catherine (Lowestoft Wheelers & LHC).



ORGANISER

Geoff Perry – VTТА & LHC & Born to Bike – Bridgetown Cycles

TIMEKEEPERS

Start

Katja Rietdorf - VTТА & LHC & Born to Bike – Bridgetown

Cycles

Lights-Out Monitor

Paul Marchant - VTТА LHC & Amersham RCC

Finish

Michael Bannister – Chronos RT

HELPERS

Signs up/down

Geoff Perry – VTТА LHC & Born to Bike – Bridgetown Cycles

Signs up/down

Katja Rietdorf - VTТА LHC & Born to Bike – Bridgetown Cycles

Signing on/off

David Guy - VTТА LHC & OV CC

Catering

Katy Guy - good friend of VTТА LHC

Results

David Guy - VTТА LHC & OV CC

Results

Robert Saunders - VTТА LHC & NBRC

Marshal Tring RAB

John Payne - High Wycombe CC

Marshal Tring RAB

Stephanie Cousins - VTТА LHC & QN Racing

Marshal Tring RAB

Richard Moule - VTТА LHC & Bossard Wheelers

Marshal Tring RAB

John Hoskins- VTТА LHC (apologises)

Marshal Aylesbury RAB

Audrey Hughes - VTТА LHC

Marshal Aylesbury RAB

John Bridgeman - good friend of VTТА LHC

Photographer

Graeme Church - QN Racing

Observer

Geoff Perry - VTТА LHC & Born to Bike – Bridgetown Cycles

Traffic Count

Derek Reynolds - VTТА LHC Honorary Life Member &

Willesden CC (apologises)

The Did Nots..

4 riders did not finish because they did not complete the course correctly despite the details in the start sheets and the accompanying illustrations or photos from previous events.

I understand that one rider continued on the DC when they should have turned off on the first available slip road onto the Tring peanut-roundabout. A CTT Left Arrow had be placed at the start of the slip road.

Three other riders got it wrong at the finish and did not turn into the slip road early enough. Photographs of their positioning have been provided as evidence to the riders. CTT Left arrow thad been attached to the Highways Agency sign before the slip road. If you do not move into the slip road early enough you could easily have a car travelling up your inside on the slip road at 70mph while you continue on the main carriage way at 25-30mph. You then move across left into the slip road and hey presto it is occupied. Vehicles do enter the slip road surprisingly early in my opinion.

As the HQ was less than a mile from the course it would only have taken about 15 minutes to completely drive the course and get back to the HQ. This is most probably better use of your preparation time in getting a fast 10 mile time than a similar amount of time spent warming up.

It is worth being reminded of the well-known saying ***“Time spent in reconnaissance is rarely wasted”***. You can even do much of this on Google maps (satellite view) or Streetview.

Did Nots..	Bib	Rider	Club	Group
DNSA	6	Colin Harrison	East Grinstead CC	EA
DNSA	11	Sheehan Quirke	VC Veldrijden	NMID
DNSA	12	Gary Pamment	CC Sudbury	EA
DNSA	17	Tim Davies	CC Luton	L&HC
DNSA	18	David Marshall	Hemel Hempstead CC	L&HC
DNF	19	James Hunt	Oxonian CC	#N/A
DNSA	24	Mike Kirby	Banbury Star CC	L&HC
DNSA	26	Graham Harman	Sotonia CC	WSX
DNSA	31	Andrew Grant	Cambridge CC	EA
DNSA	34	Tim Butler	Gloucester City CC	#N/A
DNF	38	Matthew Smith	Colour Tech RT	#N/A
DNSA	45	Mark Arnold	VTTA (East Anglia Group)	EA
DNSA	60	James Fawcett	...a3crg	WSX
DNSA	70	Ian Hope	Team Ohten Aveas	EA
DNSA	77	Adrian Cox	Team Milton Keynes	L&HC
DNF	78	Ian Radburn	Oxonian CC	L&HC
DNSA	83	Steven Loraine	Legato Racing Team (LRT)	MIDS
DNSA	98	David Prom	San Fairy Ann CC	KENT
DNF	103	Jayne Paine	Les Filles Racing Team	L&HC
DNSA	108	Gillian Reynolds	Willesden CC	L&HC



Vets' Handicap Results (VHR)

VHR is a new way to display vets results, which was trialled during 2021 and is being adopted for 2022. The issue was first raised by an anonymous letter published in the December 2019 edition of The Veteran magazine. The NEC worked on the concept and a PowerPoint presentation was given to the 2020 VTTA AGM by Geoff Perry (the organiser of the event today). There have been a few subsequent articles in The Veteran.

Fundamentally they still make use of Veterans Standard Times, which are reformulated as a Vets' Handicap (VH), whereby a 40 year old man is on scratch – he has a handicap of zero time (00:00:00). As you can see from the results published on the day and here the times achieved are easier to understand as they are more comparable to your actual time ridden.

They are inevitably faster than your actual time (unless you are on scratch), so that they can be considered as the time that a 40-year-old-version of yourself (your doppelgänger) would achieve, riding a bicycle, *if your performance decline over the years and matched the decline embedded within the Lockwood formula* which underlies the current standard tables.

Riders positions are exactly the same whether the results are displayed on Standards +/- or Vets' Handicap Results (VHR), and the time differences (in an absolute sense) are the same between adjacent riders in the results.

In fact the VHR (or VHT) can easily be obtained from the Standards (plus/minus) from the following equation.

VHR = 26:06 minus Standard (plus/minus) for a 10mile time trial

The time of 26:06 is from the 10m Standards Table for a 40 year old man on a bicycle.

So as a check, for any rider

VHR + Standard (plus/minus) => 26:06 (twenty six minute and 6 seconds)

Glossary

STD 'Standard', based on age, gender and type of machine ridden

VH Vets' Handicap ('Allowance'), calculated from the Standards Table

ACT Actual Time Ridden

VHT Vets' Handicap Time which is the Actual Ride Time minus the Vets' Handicap

STD+/-Result on Standard, plus or minus time. It's the Standard minus the actual ride time

MEN Ranked by Vets' Handicap Time (same order as BOS – Best On Standard)

M Rank	Bib	Rider	Club	Group	Std	+/-	Time	VH	VHT
1	84	Mark Vowells (Trike)	San Fairy Ann CC	KENT	31:20	8:00	23:20	5:14	18:06
2	90	Nick Dwyer	DRAG2ZERO	S/S	27:37	7:53	19:44	1:31	18:13
3	21	Peter Younghusband	Petersfield Tri Club	WSX	27:30	7:31	19:59	1:24	18:35
4	50	Gaz Poulson	Royal Air Force CA	EMID	27:12	7:30	19:42	1:06	18:36
5	94	Chris Dyason	Cambridge CC	EA	30:07	7:24	22:43	4:01	18:42
6	10	Joel Stewart	Team Ohten Aveas	L&HC	26:36	7:14	19:22	0:30	18:52
7	85	Steven Cottington	Bath Cycling Club	WEST	27:51	7:14	20:37	1:45	18:52
8	25	Colin McDermott	Festival Road Club	S/S	27:12	7:13	19:59	1:06	18:53
9	75	David Rumm	Southborough & Dist. Whs	S/S	27:12	7:09	20:03	1:06	18:57
10	40	Alastair Luxford	Full Gas Racing Team	#N/A	26:06	7:07	18:59	0:00	18:59
11	43	Hans Nilsson	London Phoenix CC	L&HC	28:39	7:02	21:37	2:33	19:04
12	87	Stephen Murphy	Shaftesbury CC	EA	28:39	6:48	21:51	2:33	19:18
13	71	Richard Gifford	trainSharp	S/S	27:44	6:46	20:58	1:38	19:20
14=	15	Keith Lea	Paceline RT	#N/A	27:01	6:45	20:16	0:55	19:21
14=	55	Stuart Hourigan	VeloRefined Rule 5	KENT	26:32	6:45	19:47	0:26	19:21
16	93	Michael Parker	TMG Horizon Cycling Team	L&HC	27:30	6:44	20:46	1:24	19:22
17	5	Nick Morgan	Hitchin Nomads CC	#N/A	26:14	6:43	19:31	0:08	19:23
18	95	Grant Orsborn	Bedfordshire Road RT	EA	27:58	6:40	21:18	1:52	19:26
19	35	Brett Davis	DRAG2ZERO	S/S	26:46	6:39	20:07	0:40	19:27
20	20	Graham Winstone	ZeroBC Race Team	L&HC	26:46	6:33	20:13	0:40	19:33
21	91	Stephen Wilkinson	TWB - On Time Race Team	KENT	27:24	6:32	20:52	1:18	19:34
22	76	Andy King	Kettering CC	EMID	27:58	6:27	21:31	1:52	19:39
23	42	Jez Willows	Sherwood CC	EMID	27:24	6:26	20:58	1:18	19:40
24	65	Jeremy Redford	Army Cycling	WEST	26:46	6:25	20:21	0:40	19:41
25	66	Antony Bee	Wigmore CC	KENT	27:37	6:17	21:20	1:31	19:49
26	57	Mike Watson	Lowestoft Wheelers CC	EA	27:37	6:15	21:22	1:31	19:51
27	80	Matt Boulton	Swindon Wheelers	WEST	26:06	6:12	19:54	0:00	19:54
28	86	Dan Jenkins	Southend Wheelers	EA	27:12	6:10	21:02	1:06	19:56
29	51	Ian Woodcock	Bedfordshire Road RT	L&HC	26:41	6:09	20:32	0:35	19:57
30	52	Martin Stanley	Droitwich Cycling Club	MIDS	27:18	6:07	21:11	1:12	19:59
31	44	Cliff Voller	Newbury RC	WEST	29:30	6:02	23:28	3:24	20:04
32	33	Peter Main	34 Nomads CC	EA	27:24	6:01	21:23	1:18	20:05
33=	7	Robert Saunders	North Bucks RC	L&HC	28:06	5:59	22:07	2:00	20:07
33=	27	Peter Cottington	Bath Cycling Club	L&HC	27:51	5:59	21:52	1:45	20:07
35	30	Tim Lewis	Ful-on Tri	L&HC	26:23	5:57	20:26	0:17	20:09
36	92	Paul Smith	VeloRefined Rule 5	KENT	26:51	5:56	20:55	0:45	20:10
37	22	Conall Yates	Team Solo Vinci	S/S	26:10	5:55	20:15	0:04	20:11
38	67	Stan Nwaka	Verulam CC	L&HC	27:51	5:50	22:01	1:45	20:16
39	13	Mark Halliday	North Bucks RC	L&HC	27:37	5:48	21:49	1:31	20:18

40	81	Tim Cox	Hemel Hempstead CC	L&HC	26:32	5:45	20:47	0:26	20:21
41	1	Matthew Reader	Verulam CC	L&HC	27:01	5:44	21:17	0:55	20:22
42	32	Geoff Reynolds	Hemel Hempstead CC	EA	27:24	5:41	21:43	1:18	20:25
43	58	Michael Edmunds	Verulam Really Moving	L&HC	27:24	5:32	21:52	1:18	20:34
44	63	Alan Allcock	Didcot Phoenix CC	L&HC	28:49	5:30	23:19	2:43	20:36
45	36	Simon Hall	Stourbridge CC	#N/A	26:14	5:29	20:45	0:08	20:37
46	46	Neil Gerrard	Thanet RC	KENT	26:10	5:25	20:45	0:04	20:41
47=	41	Martin O'Sullivan	Teddington & Turing Velo	L&HC	26:36	5:17	21:19	0:30	20:49
47=	56	Mark Hamer	Stratford Cycling Club	MIDS	26:36	5:17	21:19	0:30	20:49
47=	47	Ragnar Laan	Twickenham CC	L&HC	26:23	5:17	21:06	0:17	20:49
50	53	Andrew Halliday	Westerley Cycling Club	L&HC	26:51	5:16	21:35	0:45	20:50
51	61	Paul Newman	Shorter Rochford RT	L&HC	26:56	5:14	21:42	0:50	20:52
52	16	Michael Bennett	Bicester Millennium CC	L&HC	27:07	5:13	21:54	1:01	20:53
53	54	Neil Barford	45 RC	EA	27:30	5:09	22:21	1:24	20:57
54	96	Ed Watson	Ratae RC	EMID	26:36	5:01	21:35	0:30	21:05
55=	28	Chris Grimble	Bicester Millennium CC	#N/A	26:41	4:57	21:44	0:35	21:09
55=	62	Scott Beard	Shaftesbury CC	EA	26:41	4:57	21:44	0:35	21:09
57	89	David England	Crabwood Cycling Club	WSX	31:05	4:55	26:10	4:59	21:11
58	23	James Harris	Catford CC Ltd	#N/A	26:19	4:50	21:29	0:13	21:16
59	14	Philip Skinner	Welwyn Whs	L&HC	27:24	4:47	22:37	1:18	21:19
60	82	Daniel Homer	London Phoenix CC	L&HC	26:56	4:45	22:11	0:50	21:21
61	73	George Turner	VTTA (L&HC)	L&HC	26:14	4:39	21:35	0:08	21:27
62=	97	Stu Carver	North Hampshire RC	WSX	27:24	4:38	22:46	1:18	21:28
62=	68	Nick Taylor	Metropolitan Police CC	EA	27:12	4:38	22:34	1:06	21:28
64	72	Jason Davies	Royal Air Force CA	EA	26:51	4:36	22:15	0:45	21:30
65	2	James Wooldridge	Team Milton Keynes	L&HC	26:14	4:31	21:43	0:08	21:35
66	79	John J Murphy	Gloucester City CC	WEST	32:17	4:29	27:48	6:11	21:37
67	88	Andrew Grant	Chelmer CC	EA	28:13	4:26	23:47	2:07	21:40
68	37	Timothy Budd	Hounslow & District Whs	#N/A	26:14	4:20	21:54	0:08	21:46
69=	9	Andrew Knight	Bedfordshire Road CC	L&HC	26:36	4:19	22:17	0:30	21:47
69=	74	Mike Boyce	...a3crg	WSX	28:39	4:19	24:20	2:33	21:47
71	4	Kevin Humphreys	Sherwood CC	EMID	28:06	4:06	24:00	2:00	22:00
72	48	Adam Lowe	Metropolitan Police CC	EA	27:01	4:03	22:58	0:55	22:03
73	3	Richard Moule	Bossard Whs	L&HC	28:30	3:57	24:33	2:24	22:09
74	8	David Cook	Bedfordshire Road RT	L&HC	28:39	3:51	24:48	2:33	22:15
75	69	Simon Hunt	VéloElite RC	EMID	26:56	3:31	23:25	0:50	22:35
76	99	Paul Valks	Lewes Wanderers CC	S/S	31:05	3:27	27:38	4:59	22:39
77	59	Paul James	VTTA West Group	WEST	26:51	3:04	23:47	0:45	23:02
78=	49	Martin Simmons	C C C P	KENT	27:24	2:37	24:47	1:18	23:29
78=	39	Christopher Rosam	Epsom CC	S/S	27:58	2:37	25:21	1:52	23:29
80	29	Martin Wright	Eat Plants Not Pigs CC	MIDS	26:27	1:55	24:32	0:21	24:11
81	64	Phil Laing	Lea Valley CC	#N/A	26:10	1:54	24:16	0:04	24:12

WOMEN - Ranked by Vets' Handicap Time (same order as BOS – Best On Standard)

W Rank	Bib	Rider	Club	Group	Std	+/-	Actual Time	VH	VHT
1	106	Lisa Davis	DRAG2ZERO	S/S	29:07	7:12	21:55	3:01	18:54
2=	102	Danuta Tinn	Maidenhead & District CC	L&HC	30:08	7:09	22:59	4:02	18:57
2=	107	Joy Payne	High Wycombe CC	L&HC	31:15	7:09	24:06	5:09	18:57
4	105	Claire Emons	...a3crg	WSX	29:41	7:03	22:38	3:35	19:03
5	110	Kim Barfoot-Brace	Bath Cycling Club	WEST	28:38	6:38	22:00	2:32	19:28
6	101	Kirsty McSeveney	...a3crg	WSX	28:38	5:39	22:59	2:32	20:27
7	109	Lorna Rowland	Twickenham CC	L&HC	29:35	3:58	25:37	3:29	22:08
8	104	Rachel Green	Cheltenham & County CC	WEST	30:31	2:52	27:39	4:25	23:14

CLUB TEAM - Ranked by Vets' Handicap Time

CT Rank	Bib	Rider	Club	Std Time	Std +/-	Actual Time	VH	VHT
1	90	Nick Dwyer	DRAG2ZERO	27:37	7:53	19:44	1:31	18:13
	106	Lisa Davis	DRAG2ZERO	29:07	7:12	21:55	3:01	18:54
	35	Brett Davis	DRAG2ZERO	26:46	6:39	20:07	0:40	19:27
								56:34
2	85	Steven Cottington	Bath Cycling Club	27:51	7:14	20:37	1:45	18:52
	110	Kim Barfoot-Brace	Bath Cycling Club	28:38	6:38	22:00	2:32	19:28
	27	Peter Cottington	Bath Cycling Club	27:51	5:59	21:52	1:45	20:07
								58:27
3	105	Claire Emons	...a3crg	29:41	7:03	22:38	3:35	19:03
	101	Kirsty McSeveney	...a3crg	28:38	5:39	22:59	2:32	20:27
	74	Mike Boyce	...a3crg	28:39	4:19	24:20	2:33	21:47
								1:01:17
4	95	Grant Orsborn	Bedfordshire Road RT	27:58	6:40	21:18	1:52	19:26
	51	Ian Woodcock	Bedfordshire Road RT	26:41	6:09	20:32	0:35	19:57
	8	David Cook	Bedfordshire Road RT	28:39	3:51	24:48	2:33	22:15
								1:01:38

As there are only 3 riders in each team the aggregate actual time of the team does not have relevant meaning in the context of the above table.

GROUP Ranked by Vets' Handicap Time

Group Rank	Bib	Rider	Group	Actual Time	Vets' Handicap	Vets' Handicap Time
1	90	Nick Dwyer	S/S	19:44	1:31	18:13
	25	Colin McDermott	S/S	19:59	1:06	18:53
	106	Lisa Davis	S/S	21:55	3:01	18:54
						56:00
2	10	Joel Stewart	L&HC	19:22	0:30	18:52
	107	Joy Payne	L&HC	24:06	5:09	18:57
	102	Danuta Tinn	L&HC	22:59	4:02	18:57
						56:46
3	84	Mark Vowells (Tricycle)	KENT	23:20	5:14	18:06
	55	Stuart Hourigan	KENT	19:47	0:26	19:21
	91	Stephen Wilkinson	KENT	20:52	1:18	19:34
						57:01
4	94	Chris Dyason	EA	22:43	4:01	18:42
	87	Stephen Murphy	EA	21:51	2:33	19:18
	95	Grant Orsborn	EA	21:18	1:52	19:26
						57:26
5	50	Gaz Poulson	EMID	19:42	1:06	18:36
	76	Andy King	EMID	21:31	1:52	19:39
	42	Jez Willows	EMID	20:58	1:18	19:40
						57:55
6	85	Steven Cottington	WEST	20:37	1:45	18:52
	110	Kim Barfoot-Brace	WEST	22:00	2:32	19:28
	65	Jeremy Redford	WEST	20:21	0:40	19:41
						58:01
7	21	Peter Younghusband	WSX	19:59	1:24	18:35
	105	Claire Emons	WSX	22:38	3:35	19:03
	101	Kirsty McSeveney	WSX	22:59	2:32	20:27
						58:05
8	52	Martin Stanley	MIDS	21:11	1:12	19:59
	56	Mark Hamer	MIDS	21:19	0:30	20:49
	29	Martin Wright	MIDS	24:32	0:21	24:11
						1:04:59



London & Home Counties – Don Byham Memorial Trophy / Jim Burgin Award



Don Byham was a much-liked stalwart of the London & Home Counties Group. In the days long ago when teams were restricted to two due to shortage of riders, Don was so often one of the team members but never an event winner—bridesmaid but never the bride.

Don died just a few days before his retirement, just as he was anticipating that more time to train could mean that he would become a winner.

The Don Byham Memorial Trophy was presented by fellow member Terry Swift and first won in 1985 by John Webb (VC Slough). It is awarded to the second best on standard member of the London & Home Counties. The trophy is presented at the LH&C Annual Luncheon and Prize Presentation.

The Jim Burgin Award - works best of standard Plus/Minus Times as it's a competition based on aggregate times of any LHC event during the season.

LHC Rank	Bib	Rider	Club	Don Byham Trophy	Std	+/-	Actual Time
1	10	Joel Stewart	Team Ohten Aveas		26:36	7:14	19:22
2=	107	Joy Payne	High Wycombe CC	DBT=	31:15	7:09	24:06
2=	102	Danuta Tinn	Maidenhead & District CC	DBT=	30:08	7:09	22:59
4	43	Hans Nilsson	London Phoenix CC		28:39	7:02	21:37
5	93	Michael Parker	TMG Horizon Cycling Team		27:30	6:44	20:46
6	20	Graham Winstone	ZeroBC Race Team		26:46	6:33	20:13
7	51	Ian Woodcock	Bedfordshire Road RT		26:41	6:09	20:32
8=	7	Robert Saunders	North Bucks RC		28:06	5:59	22:07
8=	27	Peter Cottington	Bath Cycling Club		27:51	5:59	21:52
10	30	Tim Lewis	Ful-on Tri		26:23	5:57	20:26
11	67	Stan Nwaka	Verulam CC		27:51	5:50	22:01
12	13	Mark Halliday	North Bucks RC		27:37	5:48	21:49
13	81	Tim Cox	Hemel Hempstead CC		26:32	5:45	20:47
14	1	Matthew Reader	Verulam CC		27:01	5:44	21:17
15	58	Michael Edmunds	Verulam Really Moving		27:24	5:32	21:52
16	63	Alan Allcock	Didcot Phoenix CC		28:49	5:30	23:19
17=	41	Martin O'Sullivan	Teddington & Turing Velo		26:36	5:17	21:19
17=	47	Ragnar Laan	Twickenham CC		26:23	5:17	21:06
19	53	Andrew Halliday	Westerley Cycling Club		26:51	5:16	21:35
20	61	Paul Newman	Shorter Rochford RT		26:56	5:14	21:42
21	16	Michael Bennett	Bicester Millennium CC		27:07	5:13	21:54
22	14	Philip Skinner	Welwyn Whs		27:24	4:47	22:37
23	82	Daniel Homer	London Phoenix CC		26:56	4:45	22:11
24	73	George Turner	VTTA (L&HC)		26:14	4:39	21:35
25	2	James Wooldridge	Team Milton Keynes		26:14	4:31	21:43
26	9	Andrew Knight	Bedfordshire Road CC		26:36	4:19	22:17
27	109	Lorna Rowland	Twickenham CC		29:35	3:58	25:37
28	3	Richard Moule	Bossard Whs		28:30	3:57	24:33
29	8	David Cook	Bedfordshire Road RT		28:39	3:51	24:48

ALL RIDERS – Ranked by Actual Riding Time

Rank	Bib	Rider	Club	Group	Actual Time	Vets' Handicap	Vets' Handicap Time
1	40	Alastair Luxford	Full Gas Racing Team	#N/A	18:59	0:00	18:59
2	10	Joel Stewart	Team Ohten Aveas	L&HC	19:22	0:30	18:52
3	5	Nick Morgan	Hitchin Nomads CC	#N/A	19:31	0:08	19:23
4	50	Gaz Poulson	Royal Air Force CA	EMID	19:42	1:06	18:36
5	90	Nick Dwyer	DRAG2ZERO	S/S	19:44	1:31	18:13
6	55	Stuart Hourigan	VeloRefined Rule 5	KENT	19:47	0:26	19:21
7	80	Matt Boulton	Swindon Wheelers	WEST	19:54	0:00	19:54
8=	21	Peter Younghusband	Petersfield Tri Club	WSX	19:59	1:24	18:35
8=	25	Colin McDermott	Festival Road Club	S/S	19:59	1:06	18:53
10	75	David Rumm	Southborough & Dist. Whs	S/S	20:03	1:06	18:57
11	35	Brett Davis	DRAG2ZERO	S/S	20:07	0:40	19:27
12	20	Graham Winstone	ZeroBC Race Team	L&HC	20:13	0:40	19:33
13	22	Conall Yates	Team Solo Vinci	S/S	20:15	0:04	20:11
14	15	Keith Lea	Paceline RT	#N/A	20:16	0:55	19:21
15	65	Jeremy Redford	Army Cycling	WEST	20:21	0:40	19:41
16	30	Tim Lewis	Ful-on Tri	L&HC	20:26	0:17	20:09
17	51	Ian Woodcock	Bedfordshire Road RT	L&HC	20:32	0:35	19:57
18	85	Steven Cottington	Bath Cycling Club	WEST	20:37	1:45	18:52
19=	36	Simon Hall	Stourbridge CC	#N/A	20:45	0:08	20:37
19=	46	Neil Gerrard	Thanet RC	KENT	20:45	0:04	20:41
21	93	Michael Parker	TMG Horizon Cycling Team	L&HC	20:46	1:24	19:22
22	81	Tim Cox	Hemel Hempstead CC	L&HC	20:47	0:26	20:21
23	91	Stephen Wilkinson	TWB - On Time Race Team	KENT	20:52	1:18	19:34
24	92	Paul Smith	VeloRefined Rule 5	KENT	20:55	0:45	20:10
25=	42	Jez Willows	Sherwood CC	EMID	20:58	1:18	19:40
25=	71	Richard Gifford	trainSharp	S/S	20:58	1:38	19:20
27	86	Dan Jenkins	Southend Wheelers	EA	21:02	1:06	19:56
28	47	Ragnar Laan	Twickenham CC	L&HC	21:06	0:17	20:49
29	52	Martin Stanley	Droitwich Cycling Club	MIDS	21:11	1:12	19:59
30	1	Matthew Reader	Verulam CC	L&HC	21:17	0:55	20:22
31	95	Grant Orsborn	Bedfordshire Road RT	EA	21:18	1:52	19:26
32=	41	Martin O'Sullivan	Teddington & Turing Velo	L&HC	21:19	0:30	20:49
32=	56	Mark Hamer	Stratford Cycling Club	MIDS	21:19	0:30	20:49
34	66	Antony Bee	Wigmore CC	KENT	21:20	1:31	19:49
35	57	Mike Watson	Lowestoft Wheelers CC	EA	21:22	1:31	19:51
36	33	Peter Main	34 Nomads CC	EA	21:23	1:18	20:05
37	23	James Harris	Catford CC Ltd	#N/A	21:29	0:13	21:16
38	76	Andy King	Kettering CC	EMID	21:31	1:52	19:39

39=	53	Andrew Halliday	Westerley Cycling Club	L&HC	21:35	0:45	20:50
39=	73	George Turner	VTTA (L&HC)	L&HC	21:35	0:08	21:27
39=	96	Ed Watson	Ratae RC	EMID	21:35	0:30	21:05
42	43	Hans Nilsson	London Phoenix CC	L&HC	21:37	2:33	19:04
43	61	Paul Newman	Shorter Rochford RT	L&HC	21:42	0:50	20:52
44=	2	James Wooldridge	Team Milton Keynes	L&HC	21:43	0:08	21:35
44=	32	Geoff Reynolds	Hemel Hempstead CC	EA	21:43	1:18	20:25
46=	28	Chris Grimble	Bicester Millennium CC	#N/A	21:44	0:35	21:09
46=	62	Scott Beard	Shaftesbury CC	EA	21:44	0:35	21:09
48	13	Mark Halliday	North Bucks RC	L&HC	21:49	1:31	20:18
49	87	Stephen Murphy	Shaftesbury CC	EA	21:51	2:33	19:18
50=	27	Peter Cottington	Bath Cycling Club	L&HC	21:52	1:45	20:07
50=	58	Michael Edmunds	Verulam Really Moving	L&HC	21:52	1:18	20:34
52=	16	Michael Bennett	Bicester Millennium CC	L&HC	21:54	1:01	20:53
52=	37	Timothy Budd	Hounslow & District Whs	#N/A	21:54	0:08	21:46
54	106	Lisa Davis	DRAG2ZERO	S/S	21:55	3:01	18:54
55	110	Kim Barfoot-Brace	Bath Cycling Club	WEST	22:00	2:32	19:28
56	67	Stan Nwaka	Verulam CC	L&HC	22:01	1:45	20:16
57	7	Robert Saunders	North Bucks RC	L&HC	22:07	2:00	20:07
58	82	Daniel Homer	London Phoenix CC	L&HC	22:11	0:50	21:21
59	72	Jason Davies	Royal Air Force CA	EA	22:15	0:45	21:30
60	9	Andrew Knight	Bedfordshire Road CC	L&HC	22:17	0:30	21:47
61	54	Neil Barford	45 RC	EA	22:21	1:24	20:57
62	68	Nick Taylor	Metropolitan Police CC	EA	22:34	1:06	21:28
63	14	Philip Skinner	Welwyn Whs	L&HC	22:37	1:18	21:19
64	105	Claire Emons	...a3crg	WSX	22:38	3:35	19:03
65	94	Chris Dyason	Cambridge CC	EA	22:43	4:01	18:42
66	97	Stu Carver	North Hampshire RC	WSX	22:46	1:18	21:28
67	48	Adam Lowe	Metropolitan Police CC	EA	22:58	0:55	22:03
68=	101	Kirsty McSeveney	...a3crg	WSX	22:59	2:32	20:27
68=	102	Danuta Tinn	Maidenhead & District CC	L&HC	22:59	4:02	18:57
70	63	Alan Allcock	Didcot Phoenix CC	L&HC	23:19	2:43	20:36
71	84	Mark Vowells (Trike)	San Fairy Ann CC	KENT	23:20	5:14	18:06
72	69	Simon Hunt	VéloElite RC	EMID	23:25	0:50	22:35
73	44	Cliff Voller	Newbury RC	WEST	23:28	3:24	20:04
74	59	Paul James	VTTA West Group	WEST	23:47	0:45	23:02
75	4	Kevin Humphreys	Sherwood CC	EMID	24:00	2:00	22:00
76	107	Joy Payne	High Wycombe CC	L&HC	24:06	5:09	18:57
77	64	Phil Laing	Lea Valley CC	#N/A	24:16	0:04	24:12
78	74	Mike Boyce	...a3crg	WSX	24:20	2:33	21:47
79	29	Martin Wright	Eat Plants Not Pigs CC	MIDS	24:32	0:21	24:11
80	3	Richard Moule	Bossard Whs	L&HC	24:33	2:24	22:09
81	49	Martin Simmons	C C C P	KENT	24:47	1:18	23:29
82	8	David Cook	Bedfordshire Road RT	L&HC	24:48	2:33	22:15
83	39	Christopher Rosam	Epsom CC	S/S	25:21	1:52	23:29

84	109	Lorna Rowland	Twickenham CC	L&HC	25:37	3:29	22:08
85	89	David England	Crabwood Cycling Club	WSX	26:10	4:59	21:11
86	99	Paul Valks	Lewes Wanderers CC	S/S	27:38	4:59	22:39
87	104	Rachel Green	Cheltenham & County CC	WEST	27:39	4:25	23:14
88	79	John J Murphy	Gloucester City CC	WEST	27:48	6:11	21:37